

## **ROTARY CLUB OF KELOWNA - OKANAGAN MISSION**



### **MEETING NOTES AND NEWS LETTER**

#### **CREEKSIDE PUB AND GRILL**

**29 April 2019** Meeting called to order at 1800 Hrs. Christine Boisseau Chairing

Duties for the meeting:

- **Greeter – Denis Gabelhouse**
- **Anthem – Trixie Gaymer**
- **Rotary Moment – Chris Dehart**
- **Sheriff – Neil McKay**

**ATTENDANCE:** Active Members 16/23 - 70% attendance

**GUESTS:** Sharon Marshall, Becca

#### **CLUB BUSINESS:**

- **Meat draw:** we are doing good and should hit our targets. We always need volunteers to help. On May 18<sup>th</sup> we will need help as Darlene is out of town.
- **Road Kill:** Thank you for a successful event and to all who came out to help.
- **Hawaiian Night:** May 25<sup>th</sup>. Deadline to book your tickets is May 13<sup>th</sup>. \$30 includes food, 3 door prizes, Tiki bar cocktails and Jell-O shots. BYOB for dinner.
- **May 7<sup>th</sup>** the executive team will go over the requests for funding and make a determination of fund allocation and bring it back to the club. If you have anything to suggest please talk to Ken beforehand.
- **KGH day of giving.** We have funds from the Radio days to donate.

**SPEAKER:** Sharon Marshall from REACHOUT

- Has been with REACHOUT out for 20 years and in Kelowna for 30 years.
- Update on ReachOut: they have been in the community for 35 years, providing services to youth 13-25 and families like consulting and therapy. Their focus is prevention instead of crisis intervention.
- They have a mandate to never turn around any youth that would be marginalized by financial constraints, and try to be as affordable as possible.

- Peachland to Lake country is the territory they serve.
- Ambrosi road is where they are located. They own the building which allows them to better allocate their funds.
- They also have a program named REACH: The goal is to help youth in any way they can to better themselves. One way they do this is by providing Strengths assessments in order to help them find their strengths to help out with career choices and in life in general.
- They operate in collaboration with Foundry. REACHOUT and Foundry collaborate to make sure no youth falls through the cracks
- Once they leave the Foundry program, youth can then go to ReachOut and see the same therapist. This gives them continuity beyond the critical stage. Foundry is mostly for youth in crisis whereas REACHOUT is continuous support.
- In going forward: they want to develop a life coaching program.
- Lake Country is a focus at the moment because of the demographics and the lack of available services. They are expanding there at the moment.
- They need continuous support from the community to be able to keep helping the youth of our community.
- They appreciate our continuous support.
- Although we are making some Segway in the area of mental health, there is still a stigma around it. They make sure their space is warm and inviting for vulnerable young people and families one person at a time and one service at a time.

Iain Allan won the 50/50. Congrats!

Laurie Gaymer: Toast and Adjourn

MEETING ADJOURNED AT 19h 10

Next Meeting: May 13, 2019

Christine Boisseau, OKM Secretary