

## **ROTARY CLUB OF KELOWNA -OKANAGAN MISSION**



### **MEETING NOTES AND NEWS LETTER**

#### **CREEKSIDE PUB AND GRILL**

**11 March 2019** Meeting called to order at 1800 Hrs. Christine Boisseau presiding for Ken Kilcullen

Duties for the meeting:

- **Greeter – Steve Wolfenden**
- **Anthem – Christine Boisseau**
- **Rotary Moment – Irma Lux**
- **Sheriff – Steve Wolfenden**

**ATTENDANCE:** Active Members 10/22 - 45% attendance

**GUESTS:** Sherri Slattery, Mike Gawliuk

#### **CLUB BUSINESS:**

- District conference in Kamloops May 2-5. Please register if you have not already
- Radio Days update by Steve: Lois has already raised close to \$5000 and our target is \$10,000 so we are well on our way. They get 4 mentions minimum and ads start in April.
- PETS summary. This year's theme is CONNECT
- Lindsay Oliver Induction: welcome Lindsay

**SPEAKER:** Shari Slattery & Mike Gawliuk, Director of service delivery and programs for the Foundry.:

- Update: rotary has been great in helping with support every step of the way
- Foundry is a one stop shop for mental health for people 12-24 years of age
- Kelowna was one of the first one to open, by the end of 2019 they should have 11 sites and 20 over the next few years
- Henry: donated to a staff member. He is a dog and it really helps with the response of people walking through the door.
- Since opening, Foundry Kelowna has had over 2000 individual youth walk through their doors. 60-65% of these people are getting access to help for the first time.
- Focus is for the young people, but also for the family and support group
- The most active age group is between 18-22
- Statistics show that if Foundry did not exist 32 percent of the youth using Foundry have said they would have gotten nowhere. Which means they would not have received the help they needed

- 2/3 of the young people walking through the Foundry doors are in high distress.
- 91% of people were satisfied with the services they received at Foundry and 95% would recommend to other young people.
- The main value mentioned is the fact that all the services needed are all found under one roof.
- Foundry runs a number of different groups beyond 1-1 support: therapy, yoga, educational, social events, etc.
- Foundry has walk in hours but they have many other activities 7 days a week.
- Impact of Funding: material, books, group material needed.
- What's next: increase primary care, Peer support, expand group programs
- They have hired a registered nurse to help on site.
- Foundry Mobile: for people who cannot access the services because of different factors, may it be where they live, no transportation, etc.
- Foundry was awarded \$250,000 for Foundry Mobile Clinic. This is a main focus this year. Hopeful to launch by the end of summer.
- Lake Country, West Kelowna, Peachland are all underserved.
- No housing related services at Foundry, but CMHA is working on it.
- Suicide is the second leading cause of death for youth in Canada.
- The goal is to be there and intervene as early as possible to avoid it.

Iain Allen won the 50/50. Congrats!

Laurie Gaymer: Toast and Adjourn

MEETING ADJOURNED AT 19h 35

Next Meeting: March 25, 2019

Christine Boisseau, OKM Secretary