

CLUB ELECTIONS

The following members will form the Executive for the upcoming Rotary year (2016/2017)

President: Irma LUX	President Elect: Bruce FALKINS
Vice- President: Rita HENDERSON	Immediate Past President: Iain ALLAN
Secretary: Ross GRIMMER	Treasurer: Monika GRIMMER
Sergeant At Arms: Neil WILLIAMS	

DIRECTORS

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| 1. Steve WOLFENDEN – Foundation | 2. Lois SERWA – Ways and Means |
| 2. Howard PEET – New Generations | 4. Laurie GAYMER – Membership/Website |
| 5. Ken KILCULLEN -Public Relations | 6. Marie-Yvonne CLEAVER - TBA |

GUEST SPEAKER – Selena WONG

- Selena is one of the founders of The Flower of Life Compassion Club Society in Vernon
- The Flower of Life is a mail order Cannabis Apothecary
- WONG advocates that medically prescribed cannabis can provide short therapeutic relief for neuropathic pain arthritic inflammation, muscle soreness, migraine headaches, GI issues, anxiety, depression etc.
- Cannabis can also be used to help with disorders of the brain, liver, intestines and immune system
- Cannabis can be used as preventative medicine; used to restore a sense of well being and promote peace of mind
- WONG emphasized that cannabis properly distributed can have a number of benefits. People should not confuse the benefits of legally grown and distributed cannabis with the more common perceptions of illegally grown and distributed cannabis which has very high levels of THC that impair judgement etc.
- For more information on the medical use of cannabis contact visit www.CBDConnect.org

UP COMING EVENTS:

24 MAY 2016 (Tuesday)	Regular Meeting
30 MAY 2016	Joint Meeting Westbank Rotary
13 JUN 2016	Regular Meeting Essay Contest ??????
27 JUN 2016	Installation Dinner and Awards Night (Creekside)

DUTIES FOR MAY

GREETER: Howard Peet	SHERIFF: Chris Dehart	ROTARY MOMENT: Ken Kilcullen
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OKM SECRETARY 16 MAY 2016

